



The 3 Easiest and Most Efficient Methods to Germinate Cannabis Seeds

Paper Towel Germination Method

Cotton Pad Germination Method

Water Glass Germination Method



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Paper Towel Germination Method

The paper towel method is a tried-and-true technique that has been used by growers for generations. It's simple, reliable, and perfect for beginners.



What you'll need

- Cannabis seeds
- Paper towels (thick and sturdy)
- Clean water (distilled, rainwater, or bottled potable water)
- Two saucers or an airtight container/ziplock bag
- Spray bottle, teaspoon, or syringe

Optimum conditions for germination

- **Temperature:** 22-27°C (72-80°F)
- **Humidity:** 70-90%
- **Darkness:** Place seeds in a dark place
- **Airflow:** Ensure some airflow but avoid direct exposure to drafts

Step 1. Prepare paper towels

- ☐ Fold a piece of kitchen paper towel. If it's thick and sturdy, one layer is sufficient; otherwise, use two layers. Lay the moistened paper towel on a saucer or container.
- ☐ Moisten the paper towel with clean, pH-neutral water. The water should be warm, at around 28-32°C. If using a spray bottle, apply 2-4 sprays until fully wet. If using a teaspoon or a syringe, carefully pour water until the towel is moist but not soaked.

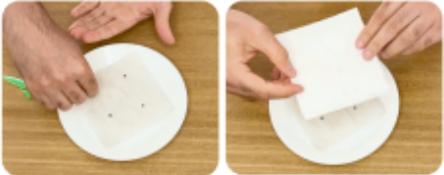


TIPS:

- Avoid using tap water, even if dechlorinated, to ensure the best start for your seeds.
- The paper towels should be saturated but not dripping.

Step 2. Place the seeds

- ☐ Place the cannabis seed on the paper towel using sterile tweezers or clean hands.
- ☐ Fold the towel to cover the seed or cover it with another wet paper towel.



Step 3. Cover and store in a dark place

- ☐ Cover the saucer with a second saucer. Alternatively, place the paper towel in an airtight container or ziplock bag. This helps retain moisture.
- ☐ Store in a dark, warm place (22-27°C), such as a kitchen cabinet, cupboard, or drawer.



Step 4. Monitor the seeds

- ☐ Check the seeds after the first 12-24 hours, then every 6-12 hours. Keep the paper towel moist throughout this period but avoid over-wetting it. The germination process usually takes 36-48 hours, but it can take longer in some cases – up to a week.



Step 5. Transplant the germinated seeds

- ☐ Once the taproot is about 5-10 mm long, carefully transplant the seed into your chosen growing medium (soil, coco, etc.).
- ☐ Place the seeds in the holes with the taproot facing downward and lightly cover them with soil. Moisten the soil with a few sprays from a spray bottle.
- ☐ It's also a good idea to gently cover the pot with a plastic bag or wrap, or simply place a plastic cup over the planted seed until it begins to sprout. The first sprouts should appear in 1-3 days.



By following these steps, you'll create the perfect environment for your cannabis seeds to germinate, ensuring a successful start to your growing journey.

* If the seeds have not sprouted within 7 days, please contact our consultant.

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Cotton Pad Germination Method

The cotton pad method is an excellent alternative to the paper towel method, offering a simple and reliable way to germinate cannabis seeds. This technique is beginner-friendly and ensures a high success rate by providing the perfect environment for seeds to sprout.



What you'll need

- Cannabis seeds
- Cotton pads (round makeup removal pads work best)
- Clean water (distilled, rainwater, or bottled potable water)
- An airtight container or a ziplock bag
- Spray bottle, teaspoon, or syringe

Optimum conditions for germination

- **Temperature:** 22-27°C (72-80°F)
- **Humidity:** 70-90%
- **Darkness:** Place seeds in a dark place
- **Airflow:** Ensure minimal airflow

Step 1. Prepare cotton pads

- Take two cotton pads. Use round makeup removal pads, as they are easy to handle, and keep the seed secure between their layers.
- Moisten the cotton pads with clean pH-neutral water. The water should be warm, at around 28-32°C. If you have a plant mister, spray each pad 2-4 times. If you're using a teaspoon or a syringe, carefully pour water until the pads are fully moist.
- When the pads have absorbed enough water, they need to be squeezed out, and the excess water should be poured off. The damp pads will be sufficient.

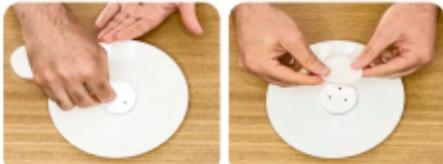


TIPS:

- Avoid using tap water, even if dechlorinated, to ensure the best start for your seeds.
- The cotton pads should be saturated but not dripping.

Step 2. Place the seeds

- Gently place your cannabis seed on top of the first moistened cotton pad.
- If you're germinating multiple seeds, ensure they are spaced apart to prevent their taproots from tangling. Don't place more than five seeds on one cotton pad.
- Cover the seed with the second moistened cotton pad.



Step 3. Cover and store in a dark place

- Place the cotton pads inside an airtight container or ziplock bag. If using a ziplock bag, blow air into the bag after placing the cotton pads inside and seal it tightly – but make sure to let some air in once a day. This helps to retain humidity around the seeds.
- Store the container or ziplock bag in a dark, warm place, such as a kitchen cabinet, cupboard, or drawer. Aim for a temperature between 22-27°C (72-80°F) to create the ideal germination environment.



Step 4. Monitor the seeds

- Check the seeds after the first 12-24 hours, then every 6-12 hours thereafter. Make sure that the cotton pads are moist throughout this period, but avoid over-wetting.
- Look for signs of the seed cracking open and the taproot emerging. The germination process usually takes 36-48 hours, but it can take longer in some cases – up to a week.



Step 5. Transplant the germinated seeds

- Once the taproot is about 5-10 mm long, carefully transplant the seed into your chosen growing medium (soil, coco, etc.).
- Place the seeds in the holes with the taproot facing downward and lightly cover them with soil. Moisten the soil with a few sprays from a spray bottle.
- It's also a good idea to gently cover the pot with a plastic bag or wrap, or simply place a plastic cup over the planted seed until it begins to sprout. The first sprouts should appear in 1-3 days.



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Water Glass Germination Method

Germinating cannabis seeds in a glass of water with hydrogen peroxide is a simple and effective method that not only speeds up the germination process but also helps ensure a sterile environment for your seeds. This method is particularly useful for preventing potential issues such as mold or bacterial contamination.



What you'll need

- Cannabis seeds
- Clean water (distilled, rainwater, or bottled potable water)
- Hydrogen peroxide (3% solution)
- Glass or plastic cup

Optimum conditions for germination

- **Temperature:** 22-27°C (72-80°F)
- **Darkness:** Place the glass with seeds in a dark place
- **Airflow:** Ensure minimal airflow but avoid sealing completely

Step 1. Prepare the hydrogen peroxide solution

- Fill a glass with 50 ml of clean pH-neutral water.
- Add 10 drops of hydrogen peroxide (3% solution) to the water and mix. This solution will help disinfect the seeds and promote faster germination.



Step 2. Add the seeds to the solution

- Gently place your cannabis seeds into the glass of hydrogen peroxide solution. You can let them drop from a pack without touching them or use tweezers for the purpose.



Note:

- The seeds might float or sink when placed in water, and that's perfectly okay! Typically, seeds tend to stay afloat if air bubbles are trapped beneath them. If you notice this happening, you can gently push them down using your clean fingers.
- The hydrogen peroxide helps to soften the seed shells, making it easier for the seeds to crack open and allowing the taproots to emerge.

Step 3. Store the glass in a dark place

- Without covering the glass, place it in a dark and warm place where the temperature stays between 22-27°C (72-80°F). A cupboard or a drawer works well for this purpose.



Step 4. Monitor and prepare for transplanting

- Check the seeds every 12 hours to see if they have started to germinate.
- If the seeds have not sprouted after 24 hours, completely refresh the solution in the glass and start over.
- Once the 5-10 mm taproot appears, the seeds are ready for transplantation.



If any seeds have not germinated after 48 hours, you can transfer them to damp paper towels or cotton pads to continue the germination process.

Step 5. Transplant the germinated seeds

- If using soil, moisten it with a few sprays from a spray bottle, then make a small hole in the center — it should be 5-10 mm deep.
- Place the seeds in the holes with the taproot facing downward and lightly cover them with soil. Moisten the soil with a few sprays from a spray bottle.
- It's also a good idea to gently cover the pot with a plastic bag or wrap, or simply place a plastic cup over the planted seed until it begins to sprout. The first sprouts should appear in 1-3 days.



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